

Community House at Saint Thomas

Providing Support in the Journey to Independence

Community House at St. Thomas is managed by Catholic Charities. Diocese of Metuchen (CCDOM) is licensed by the Department of Community Affairs as a shared residence for eight adults with disabilities who are self-directed and mentally competent. "The residents of Community House live as a family, in a home that fosters independence, allowing the residents to integrate into the greater community while living in the least restrictive, supportive environment", said CCDOM Supervisor, Susan Kuzma. Susan expresses pride in the accomplishments of all of the residents at Community House. Resident Christina Knorr had this to say about her journey of overcoming obstacles to gain independence and earn her bachelor's degree.

"Moving to Community House for me has been quite an incredible story and journey. I never thought that I would end up living here, much less earn my bachelor degree from Rutgers University. When I moved in, in 2015, I never saw myself going to earn my degree. For a year I looked for a job and came up against several barriers - one being not having enough education. Community House is much more than a place to live where you need to spend twenty hours out of the house doing something. It is a place where you are pushed and encouraged to figure out who you are and what you want to make of yourself. It provides a safe place to make your mistakes and figure that out. Being accepted into this program has changed my life for the better, giving me direction and opportunity and has been the first step in creating my life as I want it to be."

Community House at St. Thomas is home to people who would otherwise have remained in long term care, welfare hotels or other inappropriate placements. Community House promotes independence and personal growth by supplying affordable, accessible housing along with the support necessary for those with disabilities to become part of the greater community. Last year Community House at St Thomas made a difference in the lives of six adults with physical disabilities.

Call: (732) 251-0022

<http://www.communityhouse-saintthomas.com>